

Sisters Network of Central New Jersey (SNCNJ), an affiliate chapter of Sisters Network® Inc., was founded in 2000 and is fully committed to fighting the epidemic of breast cancer in the African American community.

The **SNCNJ Breast Cancer Awareness Run/Walk 4Life®** highlights our nonprofit's commitment to advancing breast health education, breast cancer awareness, advocacy, and community outreach. It is a celebration of survivorship, and also serves as a remembrance of loved ones who succumbed to this dreaded disease. Our first **Breast Cancer Awareness Walk®** was held October 2005 and has experienced increased registrations, volunteer support, and community participation each year. This well-attended 5K community event has definitely heightened the organization's ability to sound the alarm that, "Early Detection Is the Best Protection!"

In addition to supporting many community breast health awareness programs, funds raised from this event supports our nonprofit's Breast Cancer Assistance Program, which provides emergency breast cancer related services for qualified women during chemo and radiation treatments.

Pre-Registration Guarantees a T-Shirt
5K T-SHIRTS CAN BE PICKED UP AT
SNCNJ - 1201 Hamilton St.—Somerset, NJ

7:00 am	On-Site Registration & Check In
8:00 am	Vendors, Refreshments, Entertainment, Survivors' Tent
8:15 am	Aerobic Warm-up
8:30 am	5K Timed Run Starts
9:15 am	Runners Awards
9:30 am	Opening Ceremony
9:45 am	Aerobic Warm-up
10:00 am	5K Walk Starts
11:00 am	Recognition & Awards Ceremony
11:30 am	Survivors Photo Shoot
12 -1:30pm	Immediately After the Walk Enjoy Exciting Live Entertainment, 50/50 Raffle ...and more!

SPECIAL

NOTE: THIS EVENT WILL OCCUR RAIN OR SHINE. SISTERS NETWORK OF CENTRAL NEW JERSEY® INC. (SNCNJ), RESERVES THE RIGHT TO CANCEL IN EXTREME CIRCUMSTANCES. IN THAT EVENT, THERE WILL BE NO REFUNDS; RATHER, YOUR ENTRY FEE WILL BE USED AS A DONATION TO SISTERS NETWORK OF CENTRAL NEW JERSEY® INC.

Breast Cancer Survivor's Concierge
Refreshments—Live Entertainment
T-shirt Pick up schedule available at www.sncnj.org
Vendors (Vendor application online www.sncnj.org)

Sisters Network of Central New Jersey® Inc.

5K Breast Cancer Awareness

RUN/WALK 4Life®

USATF Certified (BestRace)

Saturday, September 10, 2016
On Site Registration begins at 7:00 am

NEW LOCATION

Colonial Park

156 Mettlers Road (Near Elizabeth Avenue)
Somerset, NJ 08873



Participating Sponsors



Hosted by: Sisters Network of Central New Jersey® Inc.
Affiliate Chapter of Sisters Network® Inc.
A National African American Breast Cancer Survivorship Organization
SNCNJ is a 501(c)3 non-profit organization

Office — 732-246-8300 Fax — 732-246-3535

www.sncnj.org
Email: sistercentral@sncnj.org

Register Online at www.sncnj.org Online Registration Ends Sept. 4th
Pre-Registration Guarantees a T-Shirt

PLEDGE FORM

USATF Certified (BestRace)

Name _____
 Address _____

 City _____ State _____ Zip _____
 Phone _____
 Email _____

Make checks payable to: **SNCNJ — 5K RUN**
 Donations are gratefully accepted through
 United Way: ID #057318

Total Amount Enclosed \$ _____
 Please use separate sheet for additional pledges

Donor Name	Phone/Email	Amount

DO NOT INCLUDE PLEDGED DONATIONS WITH ENTRY FEES. Pledges accepted in cash, check or money order made payable to SNCNJ. Include all pledge payments with pledge form. All pledges must be received by September 4, 2016 to be eligible for trophies.

You can also download Pledge Form with full instructions at www.sncnj.org.

5K REGISTRATION FEES:

Early Registration (Until 6/30):	\$25.00
Registration:	\$35.00
Senior (62+) :	\$25.00
Children (8-17):	\$25.00

5K Breast Cancer Awareness Run/Walk

ONE ENTRY FORM PER PARTICIPANT

BC SURVIVOR _____ RUNNER _____ WALKER _____

Name _____
 Address _____

 City _____ State _____ Zip _____
 Phone _____ Email _____
 Gender: Male Female
 Are you interested in creating your own team? Yes No

CHECK ONE:

Child (12 and under) Teen (13-19) 20-29
 30-39 40-49 50-59 60-69 70 and older

T-Shirt Size: Child M _____ L _____
 Adult S _____ M _____ L _____ 1X _____ 2X _____ 3X _____

Registration fee \$ _____

Additional tax-deductible donation \$ _____

Total amount enclosed \$ _____

Race waiver and release: My requested signature below indicates I am a voluntary participant in this event and know this event is a potentially hazardous activity. I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this event or while on the premises of this event. I hereby release and hold harmless and covenant not to file suit against Sisters Network of Central NJ® Inc. its local and national affiliates and affiliated individuals associated with this event. I hereby release them from any loss, liability or claims, I may have in this event. Including falls, contact with other participants, conditions of the walk route, negligence of the host, the event site, or otherwise. If I do not follow all rules of this event, I understand I may be removed from the walk. I give my full permission to SNCNJ to use any photographs, videotapes, audiotapes and other recording of me that are made during the course of this event. This Waiver and Release will be stored electronically and I agree that a copy is authentic and admissible as evidence in any future dispute or proceeding.

Print Name _____
 Signature _____ Date _____

PARENT OR GUARDIAN SIGNATURE REQUIRED IF UNDER AGE 18
 UNSIGNED FORMS WILL NOT BE ACCEPTED

Register Online at www.sncnj.org — Online Registration Ends Sept. 4th
Pre-Registration Guarantees a T-Shirt

Make Check/MO payable to: SNCNJ — 5K RUN

Mail before September 1st to:

SNCNJ — 5K RUN
 1201 Hamilton Street
 Somerset NJ, 08873-3382