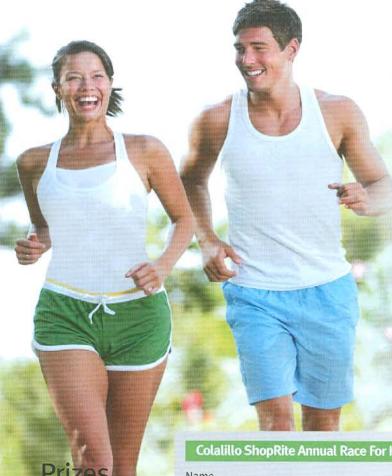


## Colalillo ShopRite 16th Annual 5K

# Sunday, September 18, 2011 9:30 am to benefit...





FOOD BANK

#### Details:

Course: Scenic 3.1 miles cross country course in Deer Path Park, Hunterdon County

Registration: \$20 Pre-registration, includes commemorative shirt, must be received by August 31, 2011. \$25 Race day registration starts at 8:00am, shirts available while they last. Please make checks payable to: NORWESCAP FOOD BANK.

Mail to: NORWESCAP Food Bank, 201 North Broad St., Phillipsburg, NJ 08865

### Awards:

Awards will be presented to the top three men and women finishers and the first three in the following age groups: 12 and under; 13-16; 17-19; 20-29; 30-39; 40-49; 50-59 and 60 on up. Top three male and female walkers will also be awarded.

#### Directions:

From the South: Take Route 202 to the Flemington Circle, go north on 31 to West Woodschurch Road, make right turn. From the North: Take Route 78 West to Route 31 South to jughandle for West Woodschurch Road.

For additional information call: Mary Anne Sheridan or Shannon Williams at (908) 454-4322.

Name		Male Female Age	Please Check
Address			
City	State Zip	— Shirt Size □ Small	☐ Walker ☐ Runner
Phone			

In consideration of the acceptance of my application for entry in the Colalillo ShopRite Annual 5K Run. I, the undersigned, intending to legally bind myself, my heirs, executors, and administrators, hereby waive, release, and hold harmless the Hunterdon County Board of Chosen Freeholders and ShopRite of Hunterdon County, Inc. and any person or entity associated with the race from any claims for damages of any nature arising out of my participation in the event. I further state that my ability to participate and successfully compete in this event has been attested to by a qualified, licensed physician. I also give permission for the use, without fee, of my name and picture in any broadcast, telecast, or print media account of this event for promotional and publicity purposes. I further acknowledge that I have read and accept these conditions under which my entry is made.

Mail Form to: NORWESCAP Food Bank, 201 North Broad St., Phillipsburg, NJ 08865

Participant's Signature	Date	
Parent' or Guardian Signature, if under 18	Date	