# The Radburn PTA's Family Fun Run & Fitness Fair



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#### **Children's Fun Run**

Sponsored by The Radburn PTA



"Bringing families together for creating a family fit and fun future" Jill Lindsay Principal of Radburn Elementary School

## Join us for the Ultimate 5k Experience

As we bring our community together for a day of fun filled activities that promote happy healthy lifestyles for families

"Join the fun and support our school"

Sunday, April 27<sup>th</sup> 9:00 AM 18-00 Radburn Road Fair Lawn, NJ

#### **General Information**

Radburn School 1st 5K RUN/WALK/Kids Fun Run and Fitness Fair Organized by the Radburrn PTA Sunday, April 27, 2014 Register on line or by mail at 18-00 Radburn Rd Fair Lawn N.J

#### Course

Accurate 5-K (3.1mile) offering a wonderful and unique opportunity to run out through a scenic in town route and back through the bucolic Radburn park's historic area. You will pass a water stop 2 times. View link to Course map

http://www.runningmap.com/?id=657857

#### **Registration information**

\*Pre-Register on line by April 22<sup>th</sup> or by mail to 18-00 Radburn Rd Fair Lawn N.J 07410 by April 17<sup>th</sup> Please make checks payable to Radburn PTA \$25 Pre-Registration Fee (non-refundable) \$30 Registration Fee on Race Day. **Dry wick T-shirt for all 5K pre-registered runners. Race day runners NOT guaranteed.** Kids Fun Run \$15 with a Large youth t-shirt (Pre- Registered only) \$8 without

#### Race packet pick up

PRE-Race Packet pick up TBA
Registration opens at 7:00am Race starts at 9:00am
All participants must check-in prior to 8:30am
Registration closes 10 min before race starts

#### Awards Ceremony

Presented after the race \*1st male & female overall runner \*Top Male & Female resident \*Top 3 finishers in each age group (male & female runners) 5K Run Age Groups: 15 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+ Largest team prize must be pre-registered teams. Door Prize Drawings (must be present to win - no exceptions) \*Light Refreshments served after the race. Please visit our Family Fun and Fitness Fair after the race where Award ceremony will be held.

#### Race Results

Available at: www.BESTrace.com

#### **Race Day Photos**

http://fairlawn.schoolwires.net/Page/4407

#### **Contact Us**

Please contact the following email for any questions or further information: <a href="mailto:radburn5k@gmail.com">radburn5k@gmail.com</a>

#### Fitness Fair

Visit our sponsor to learn about safety, health and an active lifestyle from 8am to 1pm

### Featured informational/promotional tables listed here

Advertise your business on a more personal level!

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"Don't be shy! Show them how fabulous you are! This is a great boost for our children." Kelly Sullivan. Radburn PTA President

#### Benefiting



Our first goal is to build a playground for our children, who deserve to stimulate the physical emotional and sensory skills during recess and after school. Everyone, regardless of age or ability, should spend more time outdoors. This can

happen, with the generosity and support of individual donors, who remember what it's like to be a child, and the great joy a playground would bring to our children. We realize that it will take some time raising funds for a playground but believe that the annual event will add a continuous growth in our efforts to succeed in our mission.

#### **Registration Form**

Online Registration available at: <a href="http://bestrace.com/2014schedule.html#April">http://bestrace.com/2014schedule.html#April</a> online closes 4/22/2014 <a href="Per-Registration: Postmarked by 04/17/2014">Per-Registration: Postmarked by 04/17/2014</a> Registration Form - Please write legibly

Bib #	201	4 USATF-NJ	#	
Name			Circle one: I	Male or Female
Date of Birth//_	Age or	n Race Day _	Team	
Address	c	ity	State	Zip
Phone		Email Add	ress	
T-Shirt Size (circle) S N (circle one if nothing is		_	_	
USATF-NJ Members and	d residents	on or before	4/22/2014: \$	22.00 \$
Everyone Else:			\$	25.00 \$
Everyone AFTER 04/22/ (NO EXCEPTIONS)	<b>/2014:</b>		\$	30.00 \$
FAMILY SPONSORS	HIP: Nam	e in by 4/1/2	014 \$	50.00 \$
On the Tshirt plus on 10% Family discount fo Family member particip	r 3 or more-		only.	\$
Child's name	Age	Large Yo	outh T-shirt	
	7.80		without \$8	3.00
				Total \$
Optional Charitable Co To benefit the Radburn		ound Fund		\$
TOTAL Fee:				\$
I hereby for myself, my	heirs, my ex	ecutors and a	administrato	rs, waive any and a

I hereby for myself, my heirs, my executors and administrators, waive any and all rights and claims for damages against the sponsors, coordinating groups, and/or individual or organization associated with this event, their representatives, successors and assignors, and will hold them harmless for any and all injuries suffered in connection with my participation with this event. I have been warned that I must be in good health to participate in this event. If I should suffer such injury or illness, I authorize race officials to use their discretion to have me transported to a medical facility and I take full responsibility for this action. My signature acknowledges that I am an amateur in such event and proof that I have read and understand my own liability and do accept restrictions. ( Parent or Legal Guardian must sign if participant is under age 18).

Signature	(required)	)