



**3rd ANNUAL MERRILL LYNCH
GIRLS ON THE RUN 5K RACE
To Benefit Girls on the Run of
Somerset County**

Sponsored by Friends of Somerset County Youth



DATE: MONDAY, JUNE 11

TIME: 6:30PM

**LOCATION: SOMERSET COUNTY PARK COMMISSION
DUKE ISLAND PARK, BRIDGEWATER, NJ**

**ENTRY FEE: \$15 received by 6/1 \$20 Race Day
\$2 discount for USATF-NJ members**

REGISTER: www.active.com or www.raceforum.com

Mail attached registration form to: GOTR 5K 915 Valley Rd. Gillette, NJ 07933

COURSE: USATF certified/sanctioned event. New Jersey Grand Prix Event 500 Points

Fast & flat, closed to traffic, water stops at halfway point & finish.

AWARDS: 1st, 2nd, 3rd Overall (Male/Female)

1st, 2nd, 3rd in 5 year age groups, 10 and under, 11-65 M/F

RACE DAY REGISTRATION AND PACKET PICK-UP: June 11, 5:00PM at Duke Island Park

T-Shirts and race bags to all pre-registered by 5/28, others while supplies last.

Girls on the Run is a program for girls in grades 3-5 which strives to educate and prepare girls for a lifetime of self-respect and healthy living. The ten week program culminates with the girls running a 5K race. The program serves many girls in the Somerset County area and is continuing to grow. For more information on the Girls on the Run program go to www.girlsontherun.org.

Race is open to both males and females in all age groups.

OFFICIAL ENTRY FORM

Last Name _____ First Name _____ Phone _____

Address _____ City/State _____ Zip _____

Age on 6/11/07 _____ DOB: _____ Sex : M F Shirt Size YM YL AS AM AL AXL

USATF # _____

Please read carefully and sign Release and Waiver of Liability: I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to falls, contact with other participants, the effect of the weather, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, myself and anyone entitled to act on my behalf, waive and release the Friends of Somerset County Youth, Girls on the Run International, the Somerset County Park Commission, all race volunteers and all sponsors, their representatives, employees and successors from any and all claims and liabilities of any kind arising out of my participation in this event or carelessness of the person named in this waiver. Furthermore, I grant to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

Signature (if over 18) _____ Date: _____

Parent or Guardian Signature (if under 18) _____

Send completed entry form and check payable to The Friends of Somerset County Youth to:

GOTR 5K 915 Valley Rd. Gillette, NJ 07933

For more information email recreation@longhillnj.us