



1 Mile Fun Walk

Advanced Registration \$25
Day of Event \$30
T-Shirts for all participants
while supplies last
Awards for top 3 male &
female finishers

**ALTERNATIVES INC.
PRESENTS**

The 2018 Dignity Dash September 9, 2018

-rain or shine-

Duke Island Park, Bridgewater, NJ

Timing By: Bestrace.com

Register on line at

<https://runsignup.com/Race/NJ/Bridgewater/DignityDash> or

complete the form below & mail with your registration fee
Alternatives, Inc., 600 First Ave., Raritan, NJ 09969

Registration - 8:00am

Runners Start - 9:00am

Walkers Start - 9:15am

Results, Refreshments & Awards 10:00am

For information about participating or volunteering call
(908) 685-1444 ext. 226

Name _____

Address _____

City/State/Zip _____

Gender M F email _____

Day of Event Cell # _____ Emergency Contact _____

t-shirt size small medium large XL

RELEASE OF LIABILITY: In consideration of Alternatives, Inc. accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against Alternatives, Inc., the Event Director, RunSignUp.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

signature of Participant/Parent (if Participant is less than 18)

Date