

### Schedule

8:00 am Registration Begins  
 9:30 am 5K Start  
 10:10 am 1 Mile Ramble  
 Run/Walk/Wheel/Stroll  
 10:30 am Kids' Dashes

### Registration

By mail or online at [www.raceforum.com/cpl](http://www.raceforum.com/cpl)

**NO REFUNDS, TRANSFERS OR DEFERRALS.**

### Entry Fees

5K	by October 12	\$23
	USATF Members	\$20
	After October 12 and on race day	\$25
	1 Mile Ramble	\$10
	Kids' Dashes	\$7



**LOCATION**  
 Cerebral Palsy League  
 61 Myrtle Street  
 Cranford, NJ 07016

**INFORMATION**  
 call  
 (908) 709-1800 ext.128



## CPL 13th Annual 5K Breakfast Run



### Saturday, October 17, 2015

### Course

5K—USATF certified, flat, fast, through Commerce Business Park  
 Kids' Dashes—Ages 2-11, 30—200 yards  
 "Field of Dreams" track

### Awards

5K - 1, 2, 3, Overall & Age Groups,  
 Male & Female

### Age Groups

**5 years -14 & under to 85 & over**  
 1 Mile Ramble - Ribbon to all Ramblers  
 Kids' Dashes - Ribbon to all Finishers

**Race day phone number: 732-895-0613**

\_\_\_\_\_ 5K \$23 by October 12    \_\_\_\_\_ 5K \$20 USATF members    \_\_\_\_\_ 5K \$25 After October 12 and on race day  
 \_\_\_\_\_ 1 Mile Ramble \$10    \_\_\_\_\_ Kids' Dashes \$7

Adult T-Shirt Size       S       M       L       XL    Kids T-Shirt Size       YS       YM       YL

Checks payable to: The Cerebral Palsy League  
 Mail to: The Cerebral Palsy League, 61 Myrtle Street, Cranford, NJ 07016

Postmark By October 8, 2015

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age on Race Day \_\_\_\_\_ 2015 USATF-NJ # \_\_\_\_\_

***I am unable to participate but would like to support The Cerebral Palsy League with my donation of \_\_\_\_\_.***

E-mail \_\_\_\_\_ Sex \_\_\_\_\_

Waiver Release: In consideration of this entry being accepted, I hereby for myself, heirs, executors, & administrators waive & release any claims I may have against The Township of Cranford, The Cerebral Palsy League, Inc., On Your Mark Productions, their staff, officers, volunteers, successors and assigns for any and all injuries that may be suffered by me in this event. Further, I state that I am physically able to participate in this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Signature of parent if under 18 \_\_\_\_\_



**Direct Link to Online Registration**  
[www.RaceForum.com/CPL](http://www.RaceForum.com/CPL)

