## 1st Annual

Photo by Loret Steinberg





Cliffside Park/Ridgefield Rotary Club

## 5K RUN & Old Fashioned Pancake Breakfast

Proceeds to Benefit Project Graduation to The Rebeka Verea Foundation and Cliffside Park High School Scholarship Fund

## Halloween Costumes Optional Sunday October 30, 2011

Title Sponsor Entry Fees Schedule: Pre-Registration \$20.00 Pre-Registration under 18: \$15.00 Pre-Registration Children 100m Fun Run: \$10.00 7:30 Check-in Day of Race \$25.00 8:45 Briefing Children Fun Run (all participants get ribbon) Cash Prize for top male and female 9:00 5K and Walk Begin 11:30 Awards Make Check Out To: Rebeka Verea Foundation Check-in Amenities: Race T-Shirts (1st 200 paid participants) Race Packets **Restroom Facilities** Starting Line: Cliffside Park High School 64 Riverview Avenue, Cliffside Park, NJ 07010 Please allow time for parking

**USATF Certified Course- Flat & Fast** 

Signature

Contacts: Cathy Sherry (201) 945-4075, csherry@bergenchiropractic.com 201-741-8520, lourdes@rebekavereafoundation.org Awards:

Medals for top 3 male and female 14 & Under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over Info:

On-line Registration: http://www.register.bestrace.com Race Results: http://www.bestrace.com/2011schedule.html

www.rebekavereafoundation.org www.bergenchiropractic.com

## **Costumes Encouraged**

Last Name:	First Name:			
Street Address:				
City:	State:	Zip:		
Phone:	E-Mail:		DOB:	Age:
Sex: M / F				
(Circle one)				
Event: 5K Run / Walk T	Shirt Size: S / M / L / XL (Adult:	sizes)		
In consideration of this	entry being accepted, I hereb	v for Heirs, executors,	administrators,	
	laim that I may have against t			Volunteer
Ambulance Corns, Cliff	ide Park Police Dent. Cliffside l	Park Fire Denartment	CHITISIAE PARK/RIAAE	neid Kotarv
	ide Park Police Dept, Cliffside I Idation and volunteers, or the			

Parent Signature ( under18)