



Bloomingdale / Orange

Fall 5K

A Community of Strength and Wellness

11·4·2012

ONLINE REGISTRATION:

www.bestrace.com/Bloomingdale5K/

by October 28th for a custom t-shirt

WHERE: Bloomingdale Ave School
200 Bloomingdale Ave
Cranford, NJ 07016

WHEN: 7:00 Late Registration
8:00 1 mile Fun Run
8:30 5K Run

SCORING INFORMATION:

www.BESTrace.com

AWARD CATEGORIES:

5K – top male and female overall

Top 3 male and female in each age group (6 and under, 7-8, 9-10, 11-12, 13-14, 15-19, 20-29,30-39,40-49, 50-59, 60+)

1-Mile Run: Ribbon for all participants under 15

First Family Award

AMENITIES:

Custom T-shirt for all pre-race day registrants

Post race food and refreshments

DJ music and entertainment

VOLUNTEER / SPONSORSHIP INFO:

basoasfall5k@gmail.com

**To avoid online processing fee (\$2.50) mail or drop off form and check to:
BAS/OAS Fall Run, 200 Bloomingdale Ave, Cranford NJ 07016**

Check one: 5K \$22 by Oct 28th 5k \$25 after Oct 28th Fun Run \$10 by Oct 28th Fun Run \$15 after Oct 28th

Family Discount: If you are registering 3 or more participants, you may deduct 10% from each entry. All entries must be mailed together by Oct 28th. No race day discounts.

First Name _____ Last Name _____

Street _____ City _____ State _____ Zip _____

Phone _____ Male Female Age on Race Day _____ Email _____

I am unable to participate but would like to donate _____.

T-shirt size: Adult S M L XL Kids YS YM YL

Waiver: In consideration of the acceptance of this entry, I hereby waive all claims for damages or injury I may have against the BAS/OAS PTA, the Town of Cranford, Sponsors, and any other persons connected with the race. I also certify that I am in physical condition to complete this race.

Signature: _____ Parent/guardian (minors) _____ Date: _____