FALL 5K
CRANFORD, NJ
A COMMUNITY OF STRENGTH & WELLNESS
NOVEMBER 1, 2015
BLOOMINGDALE & ORANGE AVE. SCHOOL

USA Track and Field Certified

Online Registration:
www.bestrace.com/Bloomingdale5K/
by Oct 10th for a custom t-shirt

WHEN: November 1, 2015
                    7:00 Late Registration
                    8:00 1 mile Fun Run
                    8:30 5K Run

Where: Bloomingdale Ave School
                    200 Bloomingdale Ave
                    Cranford, NJ 07016

Scoring Information:
         www.BESTrace.com

Award Categories:
5K: Top male and female overall
          Top male and female finisher in each age group (8 & under, 9-11, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+)

1-Mile Run: Ribbon participants under 15

Amenities:
- Custom T-shirt for all pre-race day registrants
- Post race food and refreshments
- DJ music, face painting & bounce house

Volunteer / Sponsorship Info:
basoasfall5k@gmail.com

First Name _____Last Name _____

Street _____City_____State_____Zip_____

Phone _____ Email (print clearly)_____

Male ___Female___ Age on Race Day _____

T-shirt size: Adult ___ S ___M ___L ___XL   Kids ___YS ___YM ___YL

OTHER participants:

1._____ age ___ M / F   5K / FunRun   T-shirt: ___ S ___M ___L ___XL ___YS ___YM __YL

2. _____ age ___ M / F   5K / FunRun   T-shirt: ___ S ___M ___L ___XL ___YS ___YM __YL

3. _____ age ___ M / F   5K / FunRun   T-shirt: ___ S ___M ___L ___XL ___YS ___YM __YL

4. _____ age___ M / F   5K / FunRun   T-shirt: ___ S ___M ___L ___XL ___YS ___YM __YL

Amount due: On or before Oct 10th _____5K participants x $20 + $3 registration fee =   _____

                         _____ Fun Run participants x $10 + $3 registration fee =   _____

          After October 10th   _____5k participants x $27 + $3 registration fee =   _____

                         _____ Fun Run participants x $15 + $3 registration fee =   _____