#### 5<sup>th</sup> ANNUAL istoric

5K Run & Fitness Walk

# Saturday, November 24 2007

## 9 AM start - rain or shine

#### Course

A hilly course starting at the Colonial Industrial Quarter by Monocacy Creek, through downtown Bethlehem among the sites of Historic Bethlehem Partnership and continuing along the Lehigh River.

## ≻What You get

- Long Sleeve t-shirts to Pre-Registered Participants only
- Warm Up Exercises at 8:30 AM
- Random Prize Drawing

#### ≻Registration

- Online Pre-registration: \$20 before November 23 at 2:00 PM at www.runreg.com
- \$20 Mail in registration with form below. Must be received by November 23.
- \$25 Day of Race. 7:30 AM to 8:30 AM
- Race packets available on race day between 7:30 AM and 8:30 AM or on Friday, November 23 from 9:00 AM to 3:00 PM at the Luckenbach Mill, 459 Old York Road.

### > l'rizes

Prizes to 1st overall male and female. Prizes to 1st, 2nd, 3rd male and female in the following categories: 19 and younger, 20 – 29, 30 – 39, 40 – 49, 50 – 59, 60 & up.

#### www.historicbethlehem.org Info: 610-691-6055

• Refreshments

Goodie Bags

## Directions

From I-78 West, follow to Rt. 412 Hellertown. Turn right (North) onto 412 and turn right onto Minsi Trail Bridge (Stefko Blvd.) Make left onto Broad St. and follow Broad (approx. 1 mile) to Main St. Turn right onto Main St. then next left onto Union Blvd. Turn left at light onto Old York Rd. before railroad tracks. See map on reverse side of this flyer.

From Rt. 22 East and West, follow to 378 South, take Rt. 378 South to Exit 3, Center City. Off ramp, turn right at stop sign onto 3rd Ave. Turn right at next stop sign onto Union Blvd. Turn right at light after crossing railroad tracks onto Old York Rd. and continue to Colonial Industrial Quarter. See map on reverse side of this flyer.

#### Historic Turkey Trot Entry Form

Last name:	First name:		
Address/P.O. Box:			
City:		State:	_ Zip:
Phone:E-mail			
Age on race day: D.O.B.:	Sex: M F	T-shirt size: S	M L XL
Signature:		Date:	
In consideration of my being accepted, I, intending to be legally			ds my rights and responsi-

bilities, such as my heirs or the executor of my estate release and forever discharge any claims and rights which may have or hereafter may accrue against Historic Bethlehem Partnership, The City of Bethlehem, Northampton County or any of their officers, employees and/or agents.

Signature of parent/guardian if under 18:

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#### • DJ Emcee 1752 Apothecary Burnside Plantation • Colonial Industrial Quarter • 1810 Goundie House

- - Moravian Museum of Bethlehem
    - 1758 Nain House
    - 1750–61 Moravian Smithy
  - Welcome Center/Museum Store

Make checks payable to: Historic Bethlehem Partnership, 459 Old York Road, Bethlehem PA 18018



Proceeds benefit

- 1741 Gemeinhaus
  - 1762 Waterworks

• Kemerer Museum of Decorative Arts