# THE 6TH ANNUAL SCHOOL OF ST. ELIZABETH/OLPH CROSS & CROWN 5K



Saturday April 1, 2017 Bernardsville, NJ 9:00 AM Start

#### Location

School of St. Elizabeth 30 Seney Drive Bernardsville, NJ 07924

#### Course

USATF Certified 5K through beautiful rolling hills of Bernardsville Fast downhill finish!!!

#### Schedule

Signature

(Parent or Guardian if under 18)

7:30 AM - registration/packet pickup 9:00 AM - 5K START 10:15 AM - awards





#### **Awards**

Top 3 Male and Female overall and 5 year age groups: 14 and under to 85 + Ribbons to all finishers 10 and under

#### **Amenities**

- Dri-fit t-shirts to first 250 registrants
- Music and refreshments
- Results by Best Racing System www.bestrace.com

### Registration

Date

Mail-in registration fee \$28 (by 3/24) USATF-NJ member \$25 (by 3/24) Late and day of registration \$35 Register online at bestrace.com by 3/30

## All proceeds to benefit School of St. Elizabeth and Our Lady of Perpetual Help Parish

| ===========  | :=======   | ===== Detach  | Entry Fo   | orm = =   |  | ======   | =====   | =====   | :===                         |
|--|--|---|--|---|--|--|---|---|------------------------------|
| Name   |  |   |  |   |  | Gender   | M   | F   |                              |
| Address  |  | City, State   | ;, Zip _   |   |  |  |   |   |                              |
| Email  |  | Phone   |  |   |  |  |   |   |                              |
| Age on race day  | DOB  | T-shirt size S  | _ M  | _ L   | _XL  | USATF-NJ   | #   |   |                              |
| Payment information: Please make checks payable to School of St. Elizabeth   |  |   |  |   |  |  |   |   |                              |
| Release: For the safety of all particiption of being allowed to participate ir or reschedule of the event due to dan tors, volunteers, sponsors and their reage which may occur due to my partiknowledging by my signature that I a qualified to participate in this race an | n this racing event, I personal agerous conditions or unplant epresentatives, officers, agent cipation in the race. I have sum bound by the provisions h | ly assume all risks in conned circumstances. I releases and employees and succeigned this release freely arerein. I understand and in | nection with<br>use the Sch<br>essors from<br>the voluntal | th this race<br>nool of St.<br>m any cla<br>arily with<br>I will be l | ce due to my job in Elizabeth, O im by me and a full understegally bound | participation in the ra<br>bur Lady of Perpetual<br>I my family, estate, handing of its content<br>by it. I also confirm | tce and for any<br>Help Parish, racirs, or assign<br>s, having read | y possible can<br>race organized<br>as, for injury of<br>it in full and | rs, direc-<br>or dam-<br>ac- |

Please return completed registration form and payment to:
Susan Howley, Cross & Crown 5K
School of St. Elizabeth, 30 Seney Drive, Bernardsville, NJ 07924
Phone: 908-625-1889 email: cshowley1@msn.com