

The School of St. Elizabeth/OLPH

Cross & Crown 5K



Saturday March 24, 2012
9:00 AM Start

Location

School of St. Elizabeth
30 Seney Drive
Bernardsville, NJ 07924

Course

USATF Certified 5K through beautiful rolling hills of Bernardsville
Fast downhill finish!!!

Schedule

7:30 AM - registration/packet pickup
9:00 AM - 5K START
10:15 AM - awards



Awards

Top 3 Male and Female overall and 5 year age groups: 14 and under to 70 +
Ribbons to all finishers 10 and under

Amenities

- T-shirts to all pre-registrants (by 3/9) and to all others while supplies last
- Music and refreshments
- Results by Best Racing Systems

Registration

Pre-registration fee \$25 (by 3/9)
Late and day of registration \$30

All proceeds to benefit School of St. Elizabeth and Our lady of Perpetual Help Parish

----- Detach Entry Form -----

Name _____ Gender ____ M ____ F

Address _____ City, State, Zip _____

Email _____ Phone _____

Age on race day _____ Birthday _____ Preferred t-shirt size ____ S ____ M ____ L ____ XL

Payment information: Please make checks payable to School of St. Elizabeth

Release: For the safety of all participants, no skates or animals are permitted. The use of headphones is strongly discouraged. Registration fees are not refundable. In consideration of being allowed to participate in this racing event, I personally assume all risks in connection with this race due to my participation in the race and for any possible cancellation or reschedule of the event due to dangerous conditions or unplanned circumstances. I release the School of St. Elizabeth, Our Lady of Perpetual help Parish, race organizers, directors, volunteers, sponsors and their representatives, officers, agents and employees and successors from any claim by me and my family, estate, heirs, or assigns, for injury or damage which may occur due to my participation in the race. I have signed this release freely and voluntarily with a full understanding of its contents, having read it in full and acknowledging by my signature that I am bound by the provisions herein. I understand and intend that I will be legally bound by it. I also confirm here that I am physically fit and qualified to participate in this race and that I am at least 18 years of age or have had this signed by my guardian, if I have not yet reached age 18.

Signature _____ Date _____

Please return completed registration form and payment to:
Susan Howley, Cross & Crown 5K
School of St. Elizabeth, 30 Seney Drive, Bernardsville, NJ 07924
Phone: 908-625-1889 email: cshowley1@msn.com