

6th Annual Mother's Day 5K Run/Walk

T-Shirts

To all pre-registered participants



Refreshments



To benefit the YMCA's Strong Kids Campaign

Date: Sun. May 13th @ 9:00 AM (registration 7:30-8:30)

Place: Memorial Park Berkeley Heights, NJ

Cost: \$16.00 before April 30th \$20.00 thereafter

Awards: Special Mother's Awards, M/F overall, M/F (3 deep) 19 & under, 20-29, 30-39, 40-49, 50-59, 60 and over

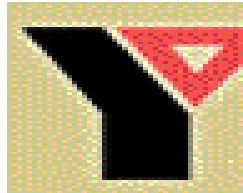
Race Course: Will start and finish behind Memorial Park.

Timing: www.bestrace.com

Register online:



**-In the center of Berkeley Heights.
(Plainfield & Park Avenues)**



-Off of exit 41 Rte 78

Name _____ Age on 5/13/07 _____ M _____ F _____

Address _____

City _____ St _____ Zip _____

Phone # (____) _____

E-mail Address _____

T-Shirt Size S ___ M ___ L ___

The YMCA, the Town of Berkeley Heights, their leaders, officers, sponsors and/or anyone else connected with the race shall not be liable for any injuries, illness, loss or damage to any person or property as a result in participation of this race. Each participant assumes the risk associated with a running event. I release any and all liability attributable in any legal way to the aforementioned groups. I Attest to the best of my knowledge that I am physically fit and am able to compete in the Mother's Day 5K.

Please Sign (parent if under 18) _____ Date _____

Make Check payable and mail to: YMCA
C/O Tom Metzler
550 Springfield Ave, Berkeley Hts, NJ 07922
Visit our Web Site www.summitareaymca.org
908-464-8373

