



SUMMIT AREA YMCA

# MOTHER'S DAY 5K RUN WALK

SUNDAY MAY 14, 2017

## ENTRY FEES

- \$25** Early Bird Registration  
(Postmarked by April 22)
- \$30** Regular Registration  
(April 23 - May 13)
- \$35** Race Day Registration  
(May 14)

USATF Members receive \$3 discount when registered prior to May 4. Must provide USATF Member Number to receive discount.

## AWARDS

- MALE & FEMALE OVERALL
- MALE & FEMALE 1ST, 2ND, 3RD PLACE in each age group:

6-9	20-29	50-59	80+
10-12	30-39	60-69	
13-19	40-49	70-79	



500 Point Event



North Jersey

**2017**  
**Grand Prix**

## RACE RESULTS

Race results can be found online at [WWW.BESTRACE.COM](http://WWW.BESTRACE.COM) following the race. Please be sure to leave all personal items in your car upon arrival; there will not be a secure area to leave personal belongings during the race.

For more information, visit:  
**THESAY.ORG/5K2017**

or contact:

**Ceci Aristizabal**  
(P) (908) 738-2175  
(E) [ceci.aristizabal@thesay.org](mailto:ceci.aristizabal@thesay.org)

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## RACE PARTICIPANT ENTRY FORM continued

### PAYMENT & BILLING INFORMATION

Name on card \_\_\_\_\_

Circle the appropriate card type: Visa Mastercard American Express Discover

Credit Card # \_\_\_\_\_

CVS: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

## Please check the appropriate box below:

☐ I would like to make a Donation in Memory of Dawne Hausman towards Childcare Scholarships at the Y

☐ \$25 ☐ \$250 ☐ \$500 ☐ \$1,000 ☐ Other \$ \_\_\_\_\_

☐ I would like to make a Donation to the **LIVESTRONG®** at the **YMCA** program

☐ I cannot attend but please accept my tax-deductible contribution of \$ \_\_\_\_\_

Please complete BOTH SIDES of application to register.

TSHIRT SIZE (CIRCLE) Guaranteed if registered by April 22

YOUTH SIZES YS YM YL

WOMEN'S SIZES WS WM WL WXL WXXL

MEN'S SIZES MS MM ML MXL MXXL

**WAIVER/PUBLICITY RELEASE:** The Summit Area YMCA, USATF, the Town of Berkeley Heights, their leaders, officials, sponsors, and/or anyone else connected with the race shall not be liable for any injuries, illness, loss, or damage to any person or property as a result of participation in this race. Each participant assumes the risk associated with a 5K event. I release any and all liability attributed in any legal way to the aforementioned groups. I attest to the best of my knowledge that I am physically fit and able to compete in the Mother's Day 5K Run/Walk. I grant permission to all the foregoing to use my photographs, motion pictures, recording, or any other record of this event for any innate purposes. By signing my name below, I certify that I have read all terms and conditions of this release and do intend to be legally bound thereby.

Signature \_\_\_\_\_

Parent Signature \_\_\_\_\_ (if participant is under 18)

SUMMIT AREA YMCA

# 5K RUN WALK



## IN MEMORY OF DAWNE HAUSMAN

Beloved Wife & Mother, Active  
Community Member, Volunteer,  
and Children's Health Advocate  
in Summit, NJ.

JOIN US IN HONOR OR IN MEMORY  
OF THOSE IMPACTED BY CANCER

## LIVESTRONG® at the YMCA

The Summit Area YMCA works to support individuals of all ages, backgrounds and abilities to be their best self. The **LIVESTRONG® at the YMCA program** is a free, 12-week small group recovery program for adult cancer survivors. Survivors build strength, increase flexibility, endurance, and find a welcoming community where they can connect meaningfully. Funds raised from the Mother's Day 5K Run/Walk support this impactful program.

## DAWNE HAUSMAN AWARD

Join us for the Dawne Hausman Award presentation for the Female Ages 6 through 9 category. This award honors Dawne's commitment to empowering young girls and encouraging healthy living.

## HAUSMAN FAMILY & FRIENDS TENT

Guests, friends and family attending the 5K Run/Walk in memory of Dawne Hausman may use the Hausman Family & Friends tent to rest and enjoy the various activities and entertainment offered during the event.

**\*\*To make a donation in Dawne's memory, please complete the Race Participation Form on the back of this brochure.**

## MOTHER'S DAY 5K RUN/WALK SCHEDULE

EVENT	LOCATION	TIME
RACE NUMBER & T-SHIRT PICKUP	Berkeley Heights YMCA	FRI. MAY 12 1:00-4:00pm
		SAT. MAY 13 1:00-4:00pm
RACE DAY CHECK-IN:	Memorial Field, Berkeley Heights	SUN. MAY 14 7:30-8:30am
RUNNER WARM-UP:	Main Stage, Memorial Field	8:35-8:50am
5K RACE START:	Starting Line, Bolton Boulevard	9:00am
FAMILY MAGIC SHOW:	Main Stage, Memorial Field	9:00-9:20am
MUSICAL ENTERTAINMENT:		9:20-9:45am
ZUMBA!:		9:45-10:00am
TOT TROT:		10:00-10:10am
AWARD IN MEMORY OF DAWNE HAUSMAN:	Main Stage, Memorial Field	10:00am
5K AWARDS CEREMONY:	Main Stage, Memorial Field	10:05am

## COURSE & LOCATION

### MEMORIAL FIELD BERKELEY HEIGHTS, NJ

USATF-sanctioned, chip timed Grand Prix course posted on [THESAY.ORG/5K](http://THESAY.ORG/5K). Race begins and ends at Memorial Field in Berkeley Heights, NJ. Course runs through Berkeley Heights neighborhoods on rolling hills and flats.

## AMENITIES

- Register by **APRIL 22** to be guaranteed a T-shirt
- Snacks, beverages and entertainment available on Race Day
- On-site bathrooms available

## PARKING

- Parking is available at the train station and along Springfield Avenue

## RACE PARTICIPANT ENTRY FORM

Please complete BOTH SIDES of application to register.

Name \_\_\_\_\_ DOB \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
**GENDER:** Male ☐ Female ☐ **MEMBERSHIP:** ☐ I am a YMCA member ☐ I am a USATF member  
 2017 USATF-NJ Member Number \_\_\_\_\_  
 Parent Name (if under 18) \_\_\_\_\_  
 Participant Address \_\_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_  
**Email\*** \_\_\_\_\_  
 Emergency Contact Name \_\_\_\_\_  
 Emergency Contact Phone \_\_\_\_\_

Please check the appropriate box below:

- ☐ I am registering as an individual racer  
☐ I am registering as part of Team \_\_\_\_\_  
 (Each team member must complete entry form)

## QUICK & EASY

## REGISTER ONLINE AT

[THESAY.ORG/5K2017](http://THESAY.ORG/5K2017)

or complete this form and return it along with your entry fee to:

### SUMMIT AREA YMCA

Attn: Ceci Aristizabal  
 490 Morris Avenue, Summit, NJ 07901

\*Email address is required so emergency information regarding the event can be shared in a timely fashion.