

**Please Bring Paper Goods**

(ex: paper towels, toilet paper, etc.)

**or Toiletries**

(ex: shampoo, soap, etc.)

**to benefit**

**Bergenfield Social Services**

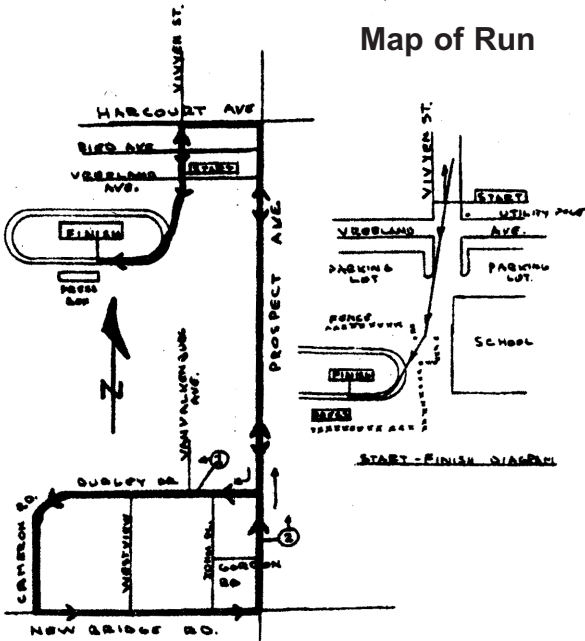
Donations of clean stuffed toys for BEARS FOR BERGENFIELD would also be appreciated

**Directions to Bergenfield High School**

**From Route 4:**

Exit onto Teaneck Road at Bergenfield exit. Take Teaneck Road (it will turn into Washington Avenue). Take Washington Avenue to intersection at Clinton Avenue. Make left at intersection. Go over railroad tracks. At top of the hill there is a light. Bergenfield High School is on the right.

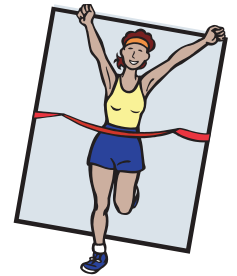
**Map of Run**



Bergenfield Community Center Building Fund  
P.O. Box 5065  
Bergenfield, NJ 07621



**11th Annual Bergenfield Community Center 5K Run/Walk Sunday November 9, 2008**



**6th Annual 1 Mile FunRun**

Bulk Rate  
U.S. Postage  
**PAID**  
Bergenfield, NJ 07621  
Permit No. 320



USATF Sanctioned & Certified for the Benefit of the Bergenfield Community Building Fund



Please Print or Type • One applicant per application • Application can be copied

Please read the following waiver and sign below before submitting entry:  
I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in the event including, but not limited to falls, contact with other participants, the affects of the weather, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Bergenfield Community Center Building Fund and all sponsors, and their representatives from all claims or liabilities of any kind arising out of my participation in this event even though the liability may arise out of negligence or carelessness on the part of the person named in this waiver.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_  
Age on Day of Race: \_\_\_\_\_ Sex: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
2008 USATF-NJ#: \_\_\_\_\_ School: \_\_\_\_\_

5K Run/Walk  
 5K Run USATF member  
 FunRun ADULT  
(FREE IF REGISTERED FOR THE 5K)  
 5K run Bergenfield Student  
 FunRun CHILD

T-Shirt Size: LONG SLEEVE  
 Small  Medium  
 Large  X-Large

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(if under 18)

NO IN-LINE SKATES, BICYCLES OR PETS • THIS EVENT  
WILL BE HELD RAIN OR SHINE: NO REFUNDS

Make checks payable to: **Bergenfield Community Center Building Fund.**

**Sunday, November 9, 2008**  
5K Run/Walk (3.1 Miles) 10:15am  
1 Mile FunRun 9:15 am  
**Course:** Beginning at Bergenfield High School, through the streets of Bergenfield, ending at the high school.

**Entry Fees:**

	pre-registration	race day
5k Run/Walk	\$18	\$20
USATF#	\$15	\$18
B'field Studt.	\$12	\$15
FunRun Adult	\$ 8	\$10
FunRun Child	\$ 5	\$ 8

Online Registration at **Bergenfield5K.com**

**Long sleeve T-shirt to pre-registered**  
5K Run/Walk participants and race day registrants while supplies last.

**Long sleeve T-shirt with team NAME** to pre-registered 5K Run/Walk TEAM participants, registered by 10/25/08.

**T-shirts** to children 8th grade and under participating in the FunRun while supplies last.

**Awards:** Over all top 3 winners male and female. 1st, 2nd, and 3rd male and female in 12 age groups. Top 3 male and female Bergenfield residents.  
*Raffles and Refreshments offered*

**Mail applications to:**  
Bergenfield Community Center Building Fund  
50 Home Place, Bergenfield, NJ 07621

**Race Information:**  
Mark @ 201-385-9539 or mjd07621@verizon.net and Bill@BestRace.com

**Race Day Schedule:**  
Check in 8:00AM  
5K Run/Walk Start: 10:15 AM  
FunRun Start: 9:15 AM

**Timing and Results:**  
Best Racing Systems

**THANK YOU**  
to our **Sponsors!**

**Gold**

**TWIN-BORO NEWS**



**Silver**



**Drs. Freed & Glikzman**

Need Johnson & Son Logo

