

USATF certified course #NJ 09030LMB  
 USATF-NJ points awarded



- Trophies for top overall male and female finishers; Medals for top male and female in 5 year age groups (10 & under, up to 80+)
- Scoring by Best Racing Systems
- Water stations on the course
- Post-race refreshments
- T-shirts (guaranteed for all pre-registered participants, then as supplies last)
- Door prize give-aways for registered participants (must be present to win)
- Enter raffle to win an ipad mini (need not be present to win)
- Kids' activities

**Sunday June 9, 2013**  
**9:30 a.m.**

Harry Dunham Park  
 490 Somerville Road,  
 Basking Ridge, NJ 07920

**Schedule**

8:15- 9:15 a.m. Check-in/Registration  
 9:30 a.m. 5K race  
 10:30 a.m. Awards, door prizes

*Bernards PEC is a 501(c)(3) non-profit organization supporting children with learning and developmental disabilities and their families. Race proceeds will be used to purchase additional Lexia Reading Program licenses, a research-proven, computer-based interactive phonics program. Lexia is already being used successfully by over 400 students in our district in grades K-8, but more licenses are needed to give students more opportunities to use this wonderful program.*

**Our Grand Sponsors**



Register online at [www.bernardspec.com](http://www.bernardspec.com) or [www.bestrace.com](http://www.bestrace.com)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Age (on race day) \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_ Gender (circle one) M F  
 T-Shirt Size (circle one): **S M L XL** (t-shirts guaranteed for all pre-registered participants, then as supplies last) 2013 USATF-NJ# \_\_\_\_\_

**Waiver and Release:** In consideration of your accepting this entry, I the undersigned, intending to be legally bound for myself, executors and administrators, waive any and all rights and claims for damages and injury I may have against Bernards PEC and any and all sponsors and their agents, representatives, successors, and assigns and all other persons or entities involved in the promotion and staging of this June 9, 2013 5K run/walk, for any and all injuries suffered by me in said event. I attest and verify that I will participate in this event as a footrace or walker entrant, that I am physically fit and have trained sufficiently for the competition of this event and my physical condition has been verified by a licensed Medical Doctor. Further, I hereby grant full permission to any and all the foregoing to use any photographs, video-tapes, motion pictures, recordings, or any other record of this event for legitimate purpose.

Signature: \_\_\_\_\_ Parent Signature (if under 18) \_\_\_\_\_ Date \_\_\_\_\_

- \$25 pre-race registration (May 30 postmark deadline)
- \$22 pre-race registration for USATF-NJ Members (May 30 postmark deadline)
- \$30 race day registration
- In addition to, or in lieu of registering to run/walk, I would like to make a donation of \$ \_\_\_\_\_

Checks payable to: "Bernards PEC"  
 Send to: Bernards PEC, 5 Lyons Mall, #160, Basking Ridge, NJ 07920

